

# FAI COACH EDUCATION BROCHURE 2013

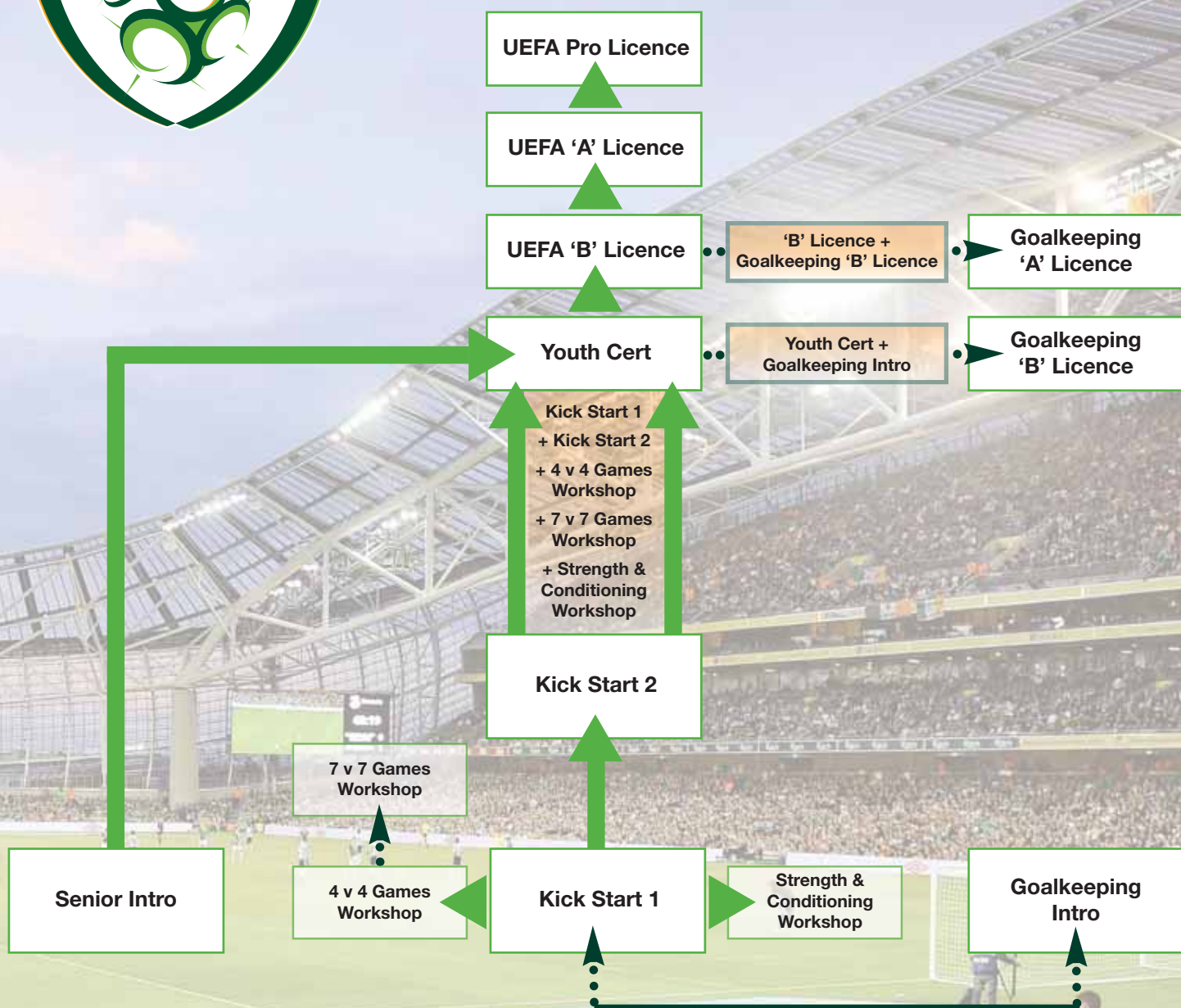


Southern Region





# FAI Coach Education Pathway 2013



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# KICK START 1 – Introduction to Coaching Part 1

## AIM:

The course is designed to assist parents and coaches, to introduce children (aged 6-9 years) to fun soccer games and FUNdamental movement skills in a well-structured, stimulating and safe environment.

## OBJECTIVES:

To provide coaches with the ability to:

- Plan, organise and implement a coaching session.
- Identify the stages in the development of young players at the FUNdamental phase aged between 6-9 years.
- Coach children between the age of 6-9 years in a fun, safe and friendly environment.

## ENTRY REQUIREMENTS:

Kick Start 1 is the first part of a two-part Introduction to Coaching programme within the FAI's Coach Education Scheme. The course is open to all interested parties, aged 16 and over, experienced or otherwise.

## DURATION/FORMAT:

8 contact hours.

There are practical aspects of the course, therefore please bring appropriate attire for both indoor and outdoor use to allow you to participate in football-related activity.

## ASSESSMENT:

No formal assessment. Full attendance is compulsory to gain certification.

## COURSE FEE:

**€45 per person.**

All fees must be paid to the Course Co-ordinator in full by commencement of course.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.



## KICK START 1 > > > > > > > > > SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Gorey Celtic, Mullawnfin, Gorey	Wexford	Sat 12th Jan	9.30am-5.30pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Rosslare Strand, Community centre, Rosslare	Wexford	Sat 26th Jan	9.30am-5.30pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Killarney Celtic Fc, Ballydribeen, Killarney	Kerry	Sat 9th Feb	9:00am-5:30pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
Shelburne United, Ballywilliam, New Ross	Wexford	Sat 2nd Mar	9.30am-5.30pm	William Doyle 086 0437 696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Janesboro FC	Limerick	Sun 10th Mar	9.00am-5.30pm	Barbara Bermingham 086 7712337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
Newcastle West	Limerick	Mon 25th Mar	9.00am-5.30pm	Conor Nestor 086 047 9542 <a href="mailto:conor.nestor@fai.ie">conor.nestor@fai.ie</a>
Sports Village Model Farm Rd, Cork	Cork	Sat 6th Apr	9.30am-6.00pm	Stephen O Mahony 086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
Portlaoise Leisure Centre Ballymoneytryell, Portlaoise	Laois	Sat 13th Apr	9.00am-5.30pm	Nichole Dunphy 086 048 5820 <a href="mailto:nichole.dunphy@fai.ie">nichole.dunphy@fai.ie</a>
Tulla Utd	Clare	Sat 13th Apr	9.00am-6.00pm	Denis Hynes 087 0508618 <a href="mailto:denishynes@fai.ie">denishynes@fai.ie</a>
Curraclloe United, Curraclloe	Wexford	Sat 13th April	9.30am-5.30pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Nenagh AFC	Tipperary (North)	Sun 21st Apr	9.00am-5.30pm	James Scott 086 047 2055 <a href="mailto:James.scott@fai.ie">James.scott@fai.ie</a>
Waterford RSC	Waterford	Sun 21st Apr	9.30am-5.30pm	Gary Power 086 388 3850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
Clonmel Celtic FC	Tipperary	Sat 27th Apr	9.30am-5.30pm	David Lenane 086 386 4535 <a href="mailto:david.lenane@fai.ie">david.lenane@fai.ie</a>
Cappoquin FC	Waterford	Sat 4th May	9.30am-6.00pm	Michael Looby 087 050 8623 <a href="mailto:michael.looby@fai.ie">michael.looby@fai.ie</a>



## KICK START 1 > > > > > > > > > SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Parkville United FC, Hawkins Lane, Tullow	Carlow	Sat 11th May	9.00am-6.00pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>
Thomastown F.C.	Kilkenny	Wed 29th May	6.00pm-10.00pm	Darren Murray
		Wed 5th Jun	6.00pm-10.00pm	087 637 8742 <a href="mailto:darren.murray@fai.ie">darren.murray@fai.ie</a>
Midleton FC	Cork	Wed 5th Jun	6.00pm-10.00pm	David Bell
		Thurs 6th June	6.00pm-10.00pm	086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
Kilmore United, Kilmore	Wexford	Sat 17th Aug	9.30am-6.00pm	William Doyle
				086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Portlaoise Leisure Centre Ballymoneyryell, Portlaoise	Laois	Sat 24th Aug	9.00am-5.30pm	Nichole Dunphy
				086 048 5820 <a href="mailto:nichole.dunphy@fai.ie">nichole.dunphy@fai.ie</a>
Mungret Regional FC	Limerick	Sun 25th Aug	9.00am-5.30pm	Barbara Bermingham
				086 7712337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
Derdimus Park, Kilkenny City, Callan Road,	Kilkenny	Wed 28th Aug	6.00pm-10.00pm	Darren Murray
		Wed 4th Sept	6.00pm-10.00pm	087 637 8742 <a href="mailto:darren.murray@fai.ie">darren.murray@fai.ie</a>
Ardcrone FC	Tipperary (North)	Sat 7th Sept	9.00am-5.30pm	James Scott
				086 047 2055 <a href="mailto:james.scott@fai.ie">james.scott@fai.ie</a>
West Cork League, Clonakilty	Cork	Tues 10th Sept	6.00pm-10.00pm	David Bell
		Wed 11th Sept	6.00pm-10.00pm	086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
Sports Village Model Farm Rd, Cork	Cork	Sat 14th Sept	9.30am-6.00pm	Stephen O Mahony
				086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
St. Michaels AFC	Tipperary	Sat 14th Sept	9.30am-5.30pm	David Lenane
				086 386 4535 <a href="mailto:david.lenane@fai.ie">david.lenane@fai.ie</a>
Mounthawk Park Tralee-Kerry District League Grounds	Kerry	Sat 28th Sept	9:00am-5:30pm	Darren Aherne
				086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
Waterford RSC	Waterford	Sun 15th Sep	9.30am-5.30pm	Gary Power
				0863883850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
Sports Village Model Farm Rd, Cork	Cork	Sat 5th Oct	9.30am-6.00pm	Stephen O Mahony
				086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
Shannon	Clare	Sat 12th Oct	9.00am-6.00pm	Denis Hynes
				087 0508618 <a href="mailto:denishynes@fai.ie">denishynes@fai.ie</a>
Bunclody AFC, Church road, Bunclody	Wexford	Sat 26th Oct	9.30am-5.30pm	William Doyle
				086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
C I T Cork	Cork	Wed 13th Nov	6.00pm- 10.00pm	David Bell
		Thur 14th Nov	6.00pm- 10.00pm	086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>

# 4 V 4 GAMES WORKSHOP (formerly known as Small Sided Games Workshop)

## AIM:

The workshop is designed to give coaches working with young players (aged between 6 and 9 years of age) the knowledge and confidence to incorporate meaningful small-sided games into their training sessions.

## OBJECTIVES:

The coach will be able to:

- Promote the use of small-sided games (SSG) practices earlier in their training sessions.
- Understand the importance of development of children between the age of 6-9, rather than winning at all cost.
- Improve their knowledge of coaching styles for working with 6-9 year old age group.
- Appreciate a better understanding of the characteristics of the 6-9 year old football player.

## ENTRY REQUIREMENTS:

Attendees of this workshop should be in possession of the Kick Start 1 certificate.

**DURATION/FORMAT:** 3 hours.

## ASSESSMENT:

Attendance Certificate.

## COURSE FEE:

€25.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.

Note: Those that have previously attended the Small Sided Games Workshop need not re-attend.



## 4V4 GAMES WORKSHOP > > > > > SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Wexford Youths, Ferrycarrig park, Wexford	Wexford	Sat 19th Jan	10.00am-1.00pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Summerville Rovers	Limerick	Wed 30th Jan	7.00pm-10pm	Barbara Bermingham 086 7712337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
Leeds AFC Ballyvolane, Cork	Cork	Sat 27th April	10.00am-1.00pm	Stephen O Mahony 086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
Gort Community Centre	Clare/Galway	Sun 12th May	10.00am-1.00pm	Denis Hynes 087 050 8618 <a href="mailto:denishynes@fai.ie">denishynes@fai.ie</a>
Janesboro FC	Limerick	Sun 19th May	10.00am-1.00pm	Barbara Bermingham 086 771 2337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
Midleton FC	Cork	Mon 3rd June	6.30.pm-9.30.pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
New Oak Boys FC, Carlow	Carlow	Thurs 23rd May	6.30pm-9.30pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>
Portlaoise Leisure Centre Ballymoneytryrell, Portlaoise	Laois	Fri 12th July	7.00pm-10.00pm	Nichole Dunphy 086 048 5820 <a href="mailto:nichole.dunphy@fai.ie">nichole.dunphy@fai.ie</a>
Waterford RSC	Waterford	Sun 25th Aug	10.00am-1.00pm	Gary Power 086 388 3850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
St Brendans Park Fc, Tralee	Kerry	Wed 4th Sept	7.00pm-10.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
Killarney Celtic Fc, Ballydribeen, Killarney	Kerry	Wed 11th Sept	7.00pm-10.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
Nenagh AFC	Tipperary (North)	Sun 15th Sept	10.00am-1.00pm	James Scott 086 047 2055 <a href="mailto:James.scott@fai.ie">James.scott@fai.ie</a>
Thomastown F.C. , Thomastown	Kilkenny	Sun 20th Oct	11.00am – 2.00pm	Darren Murray 087 637 8742 <a href="mailto:darren.murray@fai.ie">darren.murray@fai.ie</a>
Clonmel Town FC	Tipperary	Sun 20th Oct	10.00am-1.00pm	David Lenane 086 386 4535 <a href="mailto:David.lenane@fai.ie">David.lenane@fai.ie</a>
Bunclody AFC, Church road, Bunclody	Wexford	Sat 9th Nov	10.00am-1.00pm	William Doyle 086 04 37696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>

## AIM:

The workshop is designed to give coaches working with young players (aged between 9 and 12 years of age) the knowledge and confidence to incorporate meaningful small-sided games into their training sessions.

## OBJECTIVES:

The coach will be able to:

- Recognise the 7 v 7 game format as the next step from the 4 v 4 game.
- Help the young players extend their learning to have a greater understanding of the game.
- Make the progression from the 4 v 4 game as seamless as possible for the young player, whilst making this experience fun and appropriate to the children's age and stage development.
- Understand the importance of development of children between the age of 9-12, rather than winning at all cost.
- Improve their knowledge of coaching styles for working with 9-12 year old age group.
- Appreciate a better understanding of the characteristics of the 9-12 year old football player.

## ENTRY REQUIREMENTS:

Attendees of this workshop should be in possession of the Kick Start 1 certificate.

**DURATION/FORMAT:** 3 hours.

## ASSESSMENT:

Attendance Certificate.

## COURSE FEE:

€25.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.

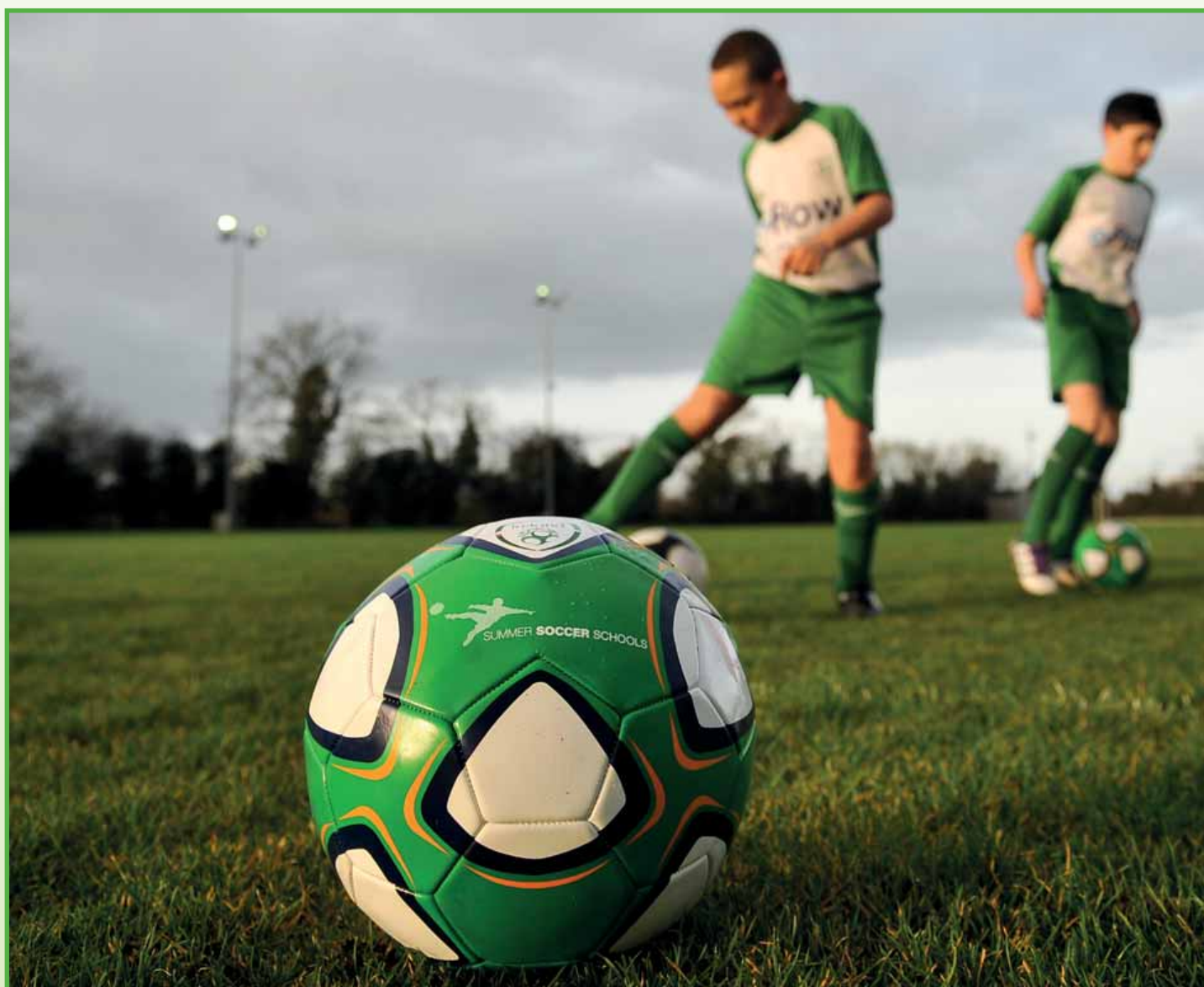
## 7V7 GAMES WORKSHOP > > > > > SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Leeds AFC Ballyvolane, Cork	Cork	Sat 27th Apr	2.00pm-5.00pm	Stephen O Mahony 086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
Gort Community Centre	Clare/Galway	Sun 12th May	2.30pm-5.30pm	Denis Hynes 087 050 8618 <a href="mailto:denishynes@fai.ie">denishynes@fai.ie</a>
Middleton FC	Cork	Tues 4th June	6.30pm-9.30pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
Wexford Youths, Ferrycarrig park, Wexford	Wexford	Sun 18th Aug	2.00pm-5.00pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Waterford RSC	Waterford	Sun 25th Aug	2.00pm-5.00pm	Gary Power 086 388 3850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
New Oak Boys FC, Carlow	Carlow	Thurs 29th Aug	6.30pm-9.30pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>
Nenagh AFC	Tipperary (North)	Sun 15th Sept	2.00pm-5.00pm	James Scott 086 047 2055 <a href="mailto:james.scott@fai.ie">james.scott@fai.ie</a>
Portlaoise Leisure Centre Ballymoneytryell, Portlaoise	Laois	Fri 20th Sept	7.00pm-10.00pm	Nichole Dunphy 086 048 5820 <a href="mailto:nichole.dunphy@fai.ie">nichole.dunphy@fai.ie</a>
St Brendans Park Fc, Tralee	Kerry	Wed 16th Oct	7.00pm-10.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>



## 7V7 GAMES WORKSHOP &gt; &gt; &gt; &gt; &gt; SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
St Brendans Park Fc, Tralee	Kerry	Wed 16th Oct	7.00pm-10.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
Thomastown F.C., Thomastown	Kilkenny	Sun 20th Oct	2.00pm-5.00pm	Darren Murray 087 637 8742 <a href="mailto:darren.murray@fai.ie">darren.murray@fai.ie</a>
Clonmel Town FC	Tipperary	Sun 20th Oct	2.00pm-5.00pm	David Lenane 086 386 4535 <a href="mailto:david.lenane@fai.ie">david.lenane@fai.ie</a>
Killarney Celtic Fc, Ballydribeen, Killarney	Kerry	Wed 23rd Oct	7.00pm-10.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
West Cork League Clonakilty	Cork	Wed 30th Oct	6.30.pm-9.30.pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
C I T Cork	Cork	Thurs 31st Oct	6.30pm-9.30. pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>



# KICK START 2 – Introduction to Coaching Part 2

## AIM:

The course is designed to assist coaches in the development of the player's (aged 9-12 years) soccer specific and FUNdamental movement skills in game related functions, progressing into small sided games.

## OBJECTIVES:

To provide coaches with the ability to:

- Identify stages in the development of young players at the Learn to Train phase.
- Plan, organise and implement coaching sessions.
- Adapt activities to develop soccer specific skills in players in the Learn to Train phase.
- Reinforce and progress the player's soccer specific and FUNdamental movement's skills in game related functions, progressing into small sided games.
- Plan, implement and review sessions in a fun, safe and friendly environment.

## ENTRY REQUIREMENTS:

Course candidates must be in possession of a Kick Start 1 Certificate. Preferred candidates will also have completed the 'Small Sided Games Workshop'.

## DURATION/FORMAT:

17 contact hours.

There are practical aspects of the course, therefore please bring appropriate attire for both indoor and outdoor use to allow you to participate in football-related activity.

## ASSESSMENT:

No formal assessment. Full attendance is compulsory to gain certification.

## COURSE FEE:

**€75 per person.**

All fees must be paid to the Course Co-ordinator in full by commencement of course.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.



## KICK START 2 > > > > > > > > > SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Bunclody AFC, Church road, Bunclody	Wexford	Sat 16th Feb	9.30am-6.00pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Mungret Regional FC	Limerick	Sun 17th Feb	9.30am-6.00pm	Barbara Bermingham 086 7712337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
Mounthawk Park, Tralee-Kerry District League Grounds	Kerry	Sun 17th Feb	9.00am-6.00pm	
		Sun 24th Feb	9.00am-5.00pm	
Bagenalstown	Kerry	Fri 12th Apr	7.00pm-10.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
		Sat 13th Apr	10.00am-5.00pm	
		Sat 20th Apr	10.00am-5.00pm	
	Carlow	Sat 20th Apr	9.00am-5.30pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>
		Sun 21st Apr	9.00am-5.30pm	
Shannon	Clare - 75 euro	Sat 21st Apr	9.00am-6.00pm	Denis Hynes 087 0508618 <a href="mailto:denishynes@fai.ie">denishynes@fai.ie</a>
		Sun 28th Apr	9.00am-6.00pm	
Sports Village Model Farm Rd, Cork	Cork	Fri 19th Apr	7.00pm-10.00pm	Stephen O Mahony 086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
		Sat 20th Apr	9:30am-5:30pm	
		Sun 21st Apr	9.30am-5.00pm	
Midleton FC	Cork	Sat 8th Jun	9.30am- 6.30pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
		Sun 9th Jun	9.30am- 6.30pm	
Portlaoise Leisure Centre Ballymoneytryrell, Portlaoise	Laois	Sat 15th Jun	9.00am-6.00pm	Nichole Dunphy 086 048 5820 <a href="mailto:nichole.dunphy@fai.ie">nichole.dunphy@fai.ie</a>
		Sun 16th Jun	9.00am-6.00pm	
West Cork League Clonakilty	Cork	Sat 14th Sept	9.30am-6.30pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
		Sun 15th Sept	9.30am-6.30pm	
Nenagh AFC	Tipperary (North)	Sat 21st Sept	9.00am-5.30pm	James Scott 086 047 2055 <a href="mailto:james.scott@fai.ie">james.scott@fai.ie</a>
		Sun 22nd Sept	9.00am-5.30pm	
Derdimus Park, Kilkenny City, Callan Road, Kilkenny	Kilkenny	Sat 28th Sept	9.30am-5.30pm	Darren Murray 087 637 8742 <a href="mailto:darren.murray@fai.ie">darren.murray@fai.ie</a>
		Sun 29th Sept	9.30am-5.30pm	
Kilmore United, Kilmore	Wexford	Sat 28th Sept	9.30am-6.00pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
		Sun 29th Sept	9.30am-6.00pm	
Cahir Park AFC	Tipperary	Sat 28th Sept	9.30am-6.00pm	David Lenane 086 386 4535 <a href="mailto:david.lenane@fai.ie">david.lenane@fai.ie</a>
		Sun 29th Sept	9.30am-6.00pm	
Waterford RSC	Waterford	Sun 13th Oct	9.00am-6.00pm	Gary Power 086 388 3850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
		Sun 20th Oct	9.00am-5.00pm	
C I T Cork	Cork	Sat 16th Oct	9.30am-6.30pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
		Sun 17th Oct	9.30am-6.30pm	
Tulla Utd	Clare	Sat 26th Oct	9.00am-6.00pm	Denis Hynes 087 0508618 <a href="mailto:Denishynes@fai.ie">Denishynes@fai.ie</a>
		Sun 27th Oct	9.00am-6.00pm	
Sports Village Model Farm Rd, Cork	Cork	Fri 22nd Nov	7.00pm-10.00pm	Stephen O Mahony 086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
		Sat 23rd Nov	9:30am-5:30pm	
		Sun 24th Nov	9.30am-5.00pm	

# STRENGTH & CONDITIONING WORKSHOP FOR 9-12 YEAR OLDS

## AIM:

The workshop is designed to give coaches working with young players the knowledge and confidence to incorporate a football conditioning session into their training sessions.

## OBJECTIVES:

The coach will be able to:

- Deliver an appropriate football conditioning programme for young players
- Identify good technique and be able to correct faults
- Identify the mastery of an exercise to enable progression
- Analyse and evaluate a session

## ENTRY REQUIREMENTS:

Attendees of this workshop should be in possession of the Kick Start 1 certificate.

## DURATION/FORMAT:

3 hours.

## ASSESSMENT:

Attendance Certificate.

## COURSE FEE:

€25 per person.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.



## STRENGTH & CONDITIONING >>> SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Wexford Youths, Ferrycarrig park, Wexford	Wexford	Sat 19th Jan	2.00pm-5.00pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>
Summerville Rovers	Limerick	Wed 6th Feb	7.00pm-10.00pm	Barbara Bermingham 086 7712337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
St Patricks Boys FC, Graiguecullen	Carlow	Thurs 7th Feb	6.30pm-9.30pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>
Waterford RSC	Waterford	Sun 10th Mar	11.00am-2.00pm	Gary Power 086 388 3850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
Leeds AFC Ballyvolane, Cork	Cork	Wed 1st May	6.30pm-9.30pm	Stephen O Mahony 086 043 4511 <a href="mailto:stephen.omahony@fai.ie">stephen.omahony@fai.ie</a>
Janesboro	Limerick	Sun 19th May	2.00pm-5.00pm	Barbara Bermingham 086 7712337 <a href="mailto:barbara.bermingham@fai.ie">barbara.bermingham@fai.ie</a>
Derdimus Park, Kilkenny City, Callan Road	Kilkenny	Fri 30th Aug	6.30pm-9.30pm	Darren Murray 087 637 8742 <a href="mailto:darren.murray@fai.ie">darren.murray@fai.ie</a>
Nenagh AFC	Tipperary (North)	Fri 4th Oct	6.00pm-9.00pm	James Scott 086 047 2055 <a href="mailto:james.scott@fai.ie">james.scott@fai.ie</a>
C I T Cork	Cork	Tues 29th Oct	6.30pm-9.00pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
Portlaoise Leisure Centre Ballymoneytryell, Portlaoise	Laois	Fri 8th Nov	7.00pm-10.00pm	Nichole Dunphy 086 048 5820 <a href="mailto:nichole.dunphy@fai.ie">nichole.dunphy@fai.ie</a>
Clonmel Town FC	Tipperary	Sat 9th Nov	2.00pm-5.00pm	David Lenane 086 386 4535 <a href="mailto:david.lenane@fai.ie">david.lenane@fai.ie</a>
Bunclody AFC, Church road, Bunclody	Wexford	Sat 9th Nov	2.00pm-5.00pm	William Doyle 086 043 7696 <a href="mailto:william.doyle@fai.ie">william.doyle@fai.ie</a>



# SENIOR INTRODUCTORY – Introduction to Coaching

## AIM:

To introduce coaches/managers to their role in coaching adult players (17 years plus), and to assist them to prepare, plan and implement functional practices and conditioned games for the 11 aside game.

## OBJECTIVES:

To provide coaches with the ability to:

- Identify and develop coaching skills for the adult game.
- Communicate, relate with and motivate the current Senior Grassroots Adult Player.
- Introduce warm-ups, basic soccer specific conditioning and technical and tactical functional practices.
- Apply appropriate training/coaching methods to progress players from the small-sided game to the 11 aside game.
- Identify and apply principles of play in attack, defence and set-pieces.

## ENTRY REQUIREMENTS:

Course candidates will be Coaches or those with aspirations of coaching Senior Grassroots football for Adults, with or without coaching certificates. Candidates must be a minimum of 16 years old.

## DURATION/FORMAT:

18 contact hours.

There are practical aspects of the course, therefore please bring appropriate attire for both indoor and outdoor use to allow you to participate in football-related activity.

## ASSESSMENT:

No formal assessment required. Full attendance is compulsory to gain certification.

## COURSE FEE:

**€75 per person.**

All fees must be paid to the Course Co-ordinator in full by commencement of course.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.



## SENIOR INTRODUCTORY >>>>> SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
CIT Cork	Cork	Sat 6th Jul Sun 7th July	9.30am-6.30pm 9.30am-6.30pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>
Mounthawk Park Tralee-Kerry District League Grounds	Kerry	Wed 7th Aug Sat 10th Aug Sat 17th April	7.00pm-10.00pm 9:30am-5.00pm 9:30am-5.00pm	Darren Aherne 086 0489 019 <a href="mailto:darren.aherne@fai.ie">darren.aherne@fai.ie</a>
Carlow & District Football League	Carlow	Sat 10th Aug Sun 11th Aug	9.30am-6.00pm 9.30am-6.00pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>

# FAI GOALKEEPING INTRODUCTORY COURSE

## AIM:

The course is designed to introduce coaches to goalkeeping techniques, skills and FUNdamental movement skills in a well-structured, stimulating and safe environment.

## OBJECTIVES:

To provide coaches with the ability to:

- Identify stages in the development of young players at the FUNdamental, Learn to Train and Train to Train phases.
- Plan, organise and implement goalkeeping coaching sessions.
- Adapt activities to develop goalkeeping specific skills for players in the FUNdamental, Learn to Train and Train-to-Train phases.
- Reinforce and progress the player's goalkeeping specific and FUNdamental movement's skills in game related functions, progressing into small-sided games.
- Plan, implement and review sessions in a fun, safe and friendly environment.

## ENTRY REQUIREMENTS:

Course candidates will be Coaches with at least a Kick Start 1 Certificate.

## DURATION/FORMAT:

8 contact hours.

There are practical aspects of the course, therefore please bring appropriate attire for both indoor and outdoor use to allow you to participate in football-related activity.

## ASSESSMENT:

No formal assessment required. Full attendance is compulsory to gain certification.

## COURSE FEE:

**€45 per person.**

All fees must be paid to the Course Co-ordinator in full by commencement of course.

## APPLICATION PROCEDURE:

Applicants should contact the appropriate course co-ordinator to confirm their interest.



## GOALKEEPING INTRODUCTORY >> SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	APPLY TO...
Waterford RSC	Waterford	Sun 5th May	9.00am-5.00pm	Gary Power 086 388 3850 <a href="mailto:gary.power@fai.ie">gary.power@fai.ie</a>
Parkville United FC, Hawkins Lane, Tullow	Carlow	Sat 31st Aug	9.30am-5.30pm	Garry Coady 086 795 4468 <a href="mailto:garry.coady@fai.ie">garry.coady@fai.ie</a>
C I T Cork	Cork	Sun 10th Nov	9.30am-6.30pm	David Bell 086 043 4513 <a href="mailto:david.bell@fai.ie">david.bell@fai.ie</a>





# DISABILITY FOOTBALL WORKSHOP

## AIM:

The workshop is designed to assist coaches to work with players with disabilities by applying their coaching knowledge, skills and competence.

## OBJECTIVES:

To provide coaches with the ability to:

- Increase awareness that people with disabilities participate in football
- Examine one's personal reaction to the issue of disability
- Identify the broad disability groupings and Communications to each
- Apply one's knowledge of coaching and skill development towards participants with disabilities in practical sessions
- Consider the Inclusion Spectrum and apply it.

## ENTRY REQUIREMENTS:

Workshop candidates will need to have completed either a Kick Start 1 or Senior Intro Coach Education Course.

## DURATION/FORMAT:

6 contact hours.

There are practical aspects of the course, therefore please bring appropriate attire for both indoor and outdoor use to allow you to participate in football-related activity.

## ASSESSMENT:

No formal assessment. Full attendance is compulsory to gain certification.

## COURSE FEE:

**€20 per person.**

All fees must be paid to the Course Co-ordinator in full by commencement of course.

## APPLICATION PROCEDURE:

If you are interested in attending any of the Disability Football Coaches Workshops please email Oisin Jordan on [oisin.jordan@fai.ie](mailto:oisin.jordan@fai.ie).



# INTRODUCTORY COURSE APPLICATION FORM

**PERSONAL DETAILS:** (Before completing and submitting the application form, you should familiarise yourself with both the Conditions of Enrolment and Application Form Guidelines)

Please complete this application in full – **PLEASE PRINT IN BLOCK CAPITALS.**

Last Name

First Name

Date of Birth\*       (DD/MM/YYYY) Gender Male  Female

\*Please note that applicants aged 16 to 18 must also complete a Parental/ Guardian Consent Form (p23)

Street Address 1

Street Address 2

Town/City

County (or Dublin Area Code)

Occupation

Mobile Telephone

Email

I have read and agree to the Conditions of Enrolment on Page 24 (please tick)

What is your ethnic or cultural background? (Choose 1 section from A to D, then ✓ the appropriate box.)

**A. White:** 1. Irish  2. Irish Traveller  3. Any other White background

**B. Black:** 1. Irish  2. African  3. Any other Black background

**C. Asian:** 1. Irish  2. Chinese  3. Any other Asian background

**D Other, including mixed background:** write in description .....

Do you have a medical condition, which may affect your participation on this course? No  Yes

If "Yes", please give full details .....

Do you have a disability (Physical, learning or sensory)? No  Yes

If "Yes", please give full details .....

**COURSE APPLIED FOR:** Please tick the box of the course you wish to attend

KICK START 1 (€45)  4 v 4 GAMES WORKSHOP (€25)  7 v 7 GAMES WORKSHOP (€25)  KICK START 2 (€75)

STRENGTH & CONDITIONING WORKSHOP (€25)  SENIOR INTRO (€75)  GOALKEEPING INTRO (€45)

Please state the location and date of the course you wish to attend:

Location: ..... Date: ...../...../.....

**PLEASE CONTACT THE COURSE CO-ORDINATOR OF YOUR CHOSEN COURSE TO CONFIRM ADDRESS FOR APPLICATION FORM TO BE SENT. (Course co-ordinator details at back of brochure.)**

**METHOD OF PAYMENT** - All applications must be received with full payment or will not be considered.

I enclose the full fee of €.....

Methods of payment: Cheque/Postal order/ Bank Draft. (Please date cheques as at applied course start date.)

I enclose a cheque/postal order/ bank draft for €..... made payable to the FAI.

# YOUTH CERTIFICATE – Level 1 Coaching Course

## AIM:

The course is designed to assist coaches in the development and consolidation of the player's (aged 13-18 years) basic soccer skills with an emphasis on individual and positional specific skills, tactical and physical development, as well as performance.

## OBJECTIVES:

To provide coaches with the ability to:

- Identify stages in the development of young players at the Train to Train and the Train to Compete phase.
- Plan, organise and implement linked coaching sessions.
- Assist players consolidate and refine basic soccer skills.
- Introduce tactical and positional skills as well as performance.
- Introduce soccer specific conditioning and strength training.
- Optimise fitness and soccer preparation for performance.
- Plan, implement and review sessions in a fun, safe and friendly environment.

## ENTRY REQUIREMENTS:

Course candidates will be coaches who have completed the following:

- Kick Start 1 Course
- Kick Start 2 Course
- Small Sided Games Workshop
- Strength & Conditioning Workshop

It is recommended that a period of at least 6 months should elapse following successful completion of Kick Start 2, before attending the Youth Cert.

Those with a minimum of 5 years professional playing experience at a National League level may be exempt from attending the Kick Start 1 and Kick Start 2 courses. Please attach a covering letter and football CV with your application form.

## DURATION/FORMAT:

45 contact hours.

There are practical aspects of the course, therefore please bring appropriate attire for both indoor and outdoor use to allow you to participate in football-related activity.

## ASSESSMENT:

Assessment is task based and candidates must complete:

- Log Book
- Practical Assessments (including Final Assessment Day)
- Attendance at an FAI Medical & Fitness Workshop
- 100% attendance on course curriculum

## COURSE FEE:

€300 per person.

## APPLICATION PROCEDURE:

Course applicants must submit an Application Form to FAI Coach Education. All applications must be in before Application deadline, and must be accompanied by the appropriate course fee. Applications received after the application deadline cannot be considered.



## YOUTH CERTIFICATE > > > > > > SOUTHERN REGION

VENUE	COUNTY	DATES	TIMES	DEADLINE	APPLY TO...
Wexford Youths and Forth Celtic	Wexford	Fri 22nd Mar	7.00pm-10.00pm	Fri 8th March 5.00pm	FAI Coach Education 01 899 9568 <a href="mailto:coached@fai.ie">coached@fai.ie</a>
		Sat 23rd Mar	9.00am-6.00pm		
		Sun 24th Mar	9.00am-6.00pm		
		Fri 5th April	7.00pm-10.00pm		
		Sat 6th April	9.00am-6.00pm		
		Sun 7th April	9.00am-6.00pm		
		<b>Assessment</b> 22nd June	9.00am-6.00pm		
C I T Cork	Cork	Thurs 25th July	9.30am-6.30pm	Thurs 11th July 5.00pm	FAI Coach Education 01 899 9568 <a href="mailto:coached@fai.ie">coached@fai.ie</a>
		Fri 26th July	9.30am-6.30pm		
		Fri 6th Sept	6.00pm-10.00pm		
		Sat 7th Sept	9.30am-4.30pm		
		Sun 8th Sept	9.30am-4.30pm		
		<b>Assessment</b> Thurs 22nd Oct or Fri 23rd Oct	9.30am-4.30pm 9.30am-4.30pm		
		Nenagh AFC	Tipperary (North)		
Sat 13th Jul	9.00am-6.00pm				
Sun 14th Jul	9.00am-6.00pm				
Fri 30th Aug	7.00pm-10.00pm				
Sat 31st Aug	9.00am-6.00pm				
Sun 1st Sept	9.00am-6.00pm				
<b>Assessment</b> Sat 19th Oct	9.00am-6.00pm				



Practical Reassessment days are offered to students who have attended courses in the past 2 years and who wish to be considered for practical re-assessments. Students should adhere to the following conditions:

- Each student will be permitted a maximum of 2 reassessments further to their Final Assessment as part of each course syllabus.
- A minimum period of 3-months must have elapsed between Final Assessment and each reassessment date.

Places for all Reassessments must be pre-booked, and are issued on a first come, first served basis by completing and returning the Application Form with appropriate remittance. Individual coaching topics will be forwarded to candidates approximately 10 days in advance of the reassessment date.

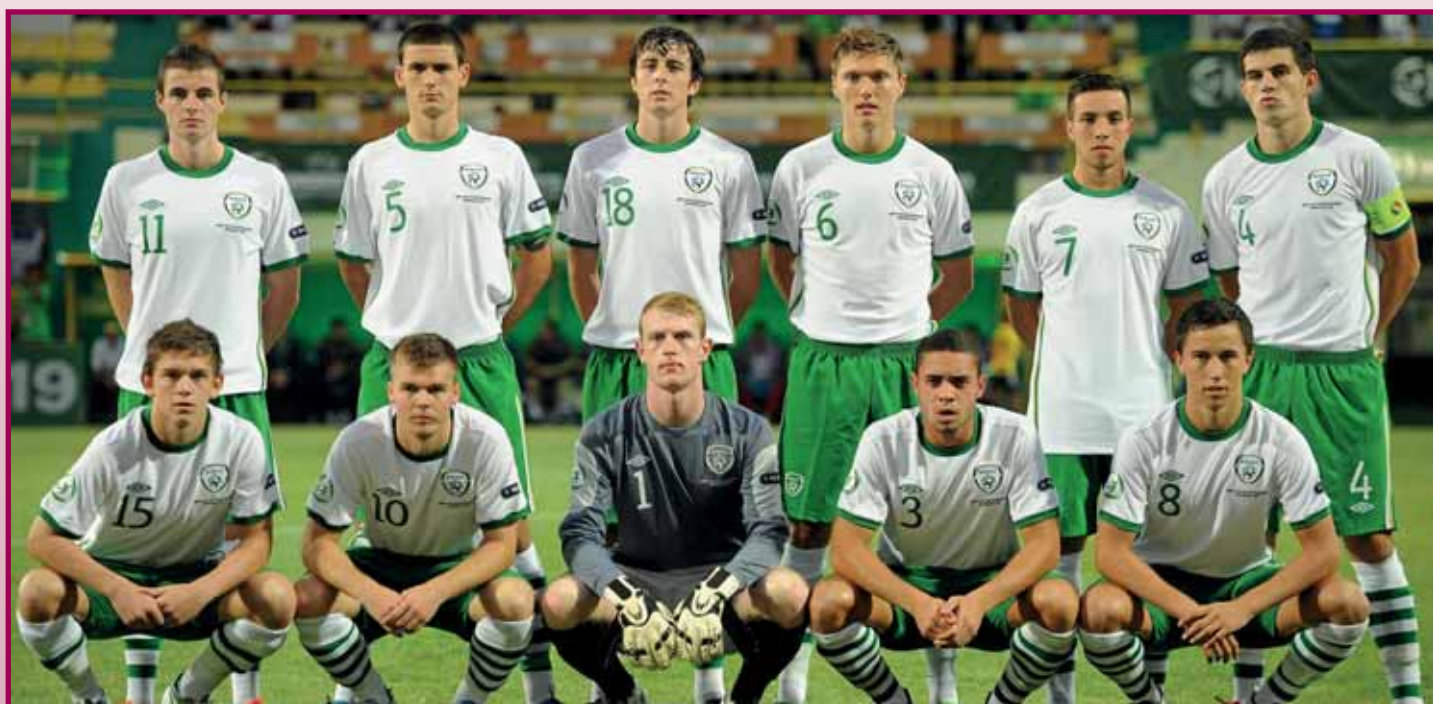
Those who missed the designated assessment day of any Youth Cert course must also attend a Youth Cert Reassessment day, paying the appropriate reassessment fee.

### Dates for all Youth Cert Reassessments:

VENUE	COUNTY	DATES	TIMES	CLOSING DATE FOR APPLICATIONS
Carrigaline FC, Carrigaline	Cork	Thurs 7th March	10.00am-15.00pm	Thurs 21st February
Clondalkin Sports Centre, Clondalkin	Dublin	Fri 12th April	9.30am-4.00pm	Fri 29th March
Carrigaline FC, Carrigaline	Cork	Wed 24th July	10.00am-15.00pm	Wed 23rd June
Clondalkin Sports Centre, Clondalkin	Dublin	Fri 26th July	9.30am-4.00pm	Fri 12th July
TBC	Sligo	Sat 12th October	9.00am-12.00pm	Sat 28th September
Clondalkin Sports Centre, Clondalkin	Dublin	Fri 1st November	9.30am-4.00pm	Fri 18th October
Salthill Devon	Galway	Sat 30th November	2.00pm-5.00pm	Sat 16th November
Dundalk Youth Centre	Dundalk	Sat 14th December	9.00am-12.00pm	Sat 30th November

### YOUTH CERT REASSESSMENTS FEE:

€50 per person.



# YOUTH CERT COURSE APPLICATION FORM

**PERSONAL DETAILS:** (Before completing and submitting the application form, you should familiarise yourself with both the Conditions of Enrolment and Application Form Guidelines)

Please complete this application in full – **PLEASE PRINT IN BLOCK CAPITALS.**

Last Name

First Name

Date of Birth\*       (DD/MM/YYYY) Gender Male  Female

\*Please note that applicants aged 16 to 18 must also complete a Parental/ Guardian Consent Form (p23)

Street Address 1

Street Address 2

Town/City

County (or Dublin Area Code)

Occupation

Mobile Telephone

Email

I have read and agree to the Conditions of Enrolment on Page 24 (please tick)

What is your ethnic or cultural background? (Choose 1 section from A to D, then ✓ the appropriate box.)

**A. White:** 1. Irish  2. Irish Traveller  3. Any other White background

**B. Black:** 1. Irish  2. African  3. Any other Black background

**C. Asian:** 1. Irish  2. Chinese  3. Any other Asian background

**D Other, including mixed background:** write in description .....

Do you have a medical condition, which may affect your participation on this course? No  Yes

If "Yes", please give full details .....

Do you have a disability (Physical, learning or sensory)? No  Yes

If "Yes", please give full details .....

## PREVIOUS COACHING QUALIFICATIONS

Please list coaching qualifications that you have attained:

Qualification: .....

Location/Awarding Body: ..... Date of Completion: ...../...../.....

Qualification: .....

Location/Awarding Body: ..... Date of Completion: ...../...../.....

Qualification: .....

Location/Awarding Body: ..... Date of Completion: ...../...../.....

**Please attach copies of any qualifications that you have obtained. Your application may be delayed or hampered without this supplementary evidence.**



## Personal Details

Please note that when you are completing the application form on page 16 or 20.

- You are required to complete your Date of Birth
- Details on date of birth, gender, and ethnicity are not used as criteria for selection on courses. They may however be used for statistical purposes by the Association.

In relation to gender and ethnicity specifically, you may be interested in knowing the following information:

**Gender:** The Association has as one of its primary purposes to make the sport available to all persons regardless of gender. By supplying your gender, you are ensuring that the sport become increasingly available to everyone, male or female.

**Ethnicity:** The Association launched its Intercultural Football Plan in 2007. It is a conscious effort on the part of the Association to promote football amongst members of minority ethnic and cultural communities within Ireland. Given that Irish society has, and continues to become, more ethnically and culturally diverse the Plan also seeks to use football as a vehicle to promote a fully intercultural, and socially inclusive society at ease with its growing diversity.

**Age/ Date of Birth:** Only candidates who have reached their 16th birthday on the day the course starts are allowed to participate. If you are aged between 16 and 18 on the date the course starts, you are required to have the consent of your parent/ guardian. A Parental Consent form is given on page 23, and should be completed and submitted prior to course commencement.

## Data Protection Policy

The details you provide on this form will be used and stored by the Football Association of Ireland for the purposes of processing your transaction. Your data may be shared across FAI Departments and will be stored in compliance with the Data Protection Acts and will not be shared with any other body or organisation without your consent unless such sharing of information is required by law.

The FAI may forward information of interest to you in relation to events and activities.

Please tick this box if you do not wish to receive any such information



# PARENTAL/GUARDIAN CONSENT (for applicants aged 16 to 18)

I authorise my child/ guardian to participate in the FAI course stated below. (Please tick box to confirm authorisation and complete below.)

Course Title: ..... Date: ...../...../.....

Name of Child: ..... Date of Birth of Child: ...../...../.....  
(BLOCK CAPITALS) (DD/MM/YYYY)

Does your child have any medical condition that our staff should be aware of? No  Yes

If "Yes", please explain: .....

Please state if your child has any allergies: .....

Is your child on any medication? No  Yes

Name of Medication: .....

Number of Doses: ..... Frequency of Dosage: .....

Does your child have any special needs our staff should be aware of?  
.....

I give permission to bring my child to a hospital/ doctor in case of emergency (tick box): No  Yes

I give permission to allow my child to be given medical treatment either  
by way of first aid and by a suitably qualified person or by a Doctor at a hospital (tick box) No  Yes

All reasonable steps will be taken to contact the parent(s), guardian(s) immediately in the case of an emergency.

Parent/ Guardian Name (Printed): .....

Parent/ Guardian Name (Signature): .....

Contact Number: ..... Date: ...../...../.....

- Candidates must be at least 16 years old to apply.
- Candidates will be asked to abide by the Code of Ethics/ Conduct in Soccer and the Code of Ethics and Good Practice for Sport in Ireland. Candidates also agree to abide by the rules laid down by the Football Association of Ireland and its staff.
- Applications will only be considered from those that are submitted on a fully completed Application Form, and accompanied by the appropriate fee and evidence of prior course certification.
- All courses are subject to a minimum number of participants enrolling with the course co-ordinator.
- Correspondence for the vast majority of introductory level courses will be done via email. All Youth Cert and Licence courses correspondence will be done via email. Therefore, please ensure that you complete the email address field on the application form and that you have access to an active email address.
- Closing dates for Youth Cert courses is two weeks prior to course commencement. Confirmation of enrolment will be forwarded to applicants after the closing date via email. The Association will not confirm applications until after the course's closing date.
- As we do not confirm applications until after the course's closing date, if you do require confirmation that we have received your application form, please send your application via registered delivery.
- The Football Association of Ireland reserves the right to cancel or amend the arrangements for any course. In this event, any course member unable to transfer to an alternative course venue will be issued with a full refund and the Association will not be responsible for any compensation.
- Applicants/ course members will not be permitted to continue with a course if they miss or skip particular modules for whatever reason. Time on courses cannot be made up retrospectively, and no exemptions are granted on any course.
- Full attendance on all courses is compulsory and 100% attendance is a minimum requirement of every course member. Exemptions to be excluded from any modules or time segment of any course curriculum will not be granted.
- Applicants/ course members who are unable to complete a course in its entirety for whatever reason, and wanting to transfer to another course, will incur an admin fee of €100 for Youth Cert Courses and €250 for Licence Courses. Intro Courses must be re-paid in full.
- Applicants/course members who are unable to attend a scheduled assessment date will be required to sit their re-scheduled assessment on a reassessment day. In this instance, the reassessment fee is also applicable, and applicants/course members should apply as a reassessment candidate.
- Appropriate clothing and footwear should be brought to all courses to facilitate both indoor and outdoor activities.
- Course members wishing to cancel their own place on an Introductory Level or Youth Cert course must submit their request in writing/ by email at least 7 days prior to course commencement. Only in these circumstances will a full refund be issued.
- Course members wishing to cancel their own place on a Licence Level course must submit their request in writing/ by email at least 14 days prior to course commencement. Only in these circumstances will a full refund be issued.

## SOUTHERN REGION

NAME	AREA OF RESPONSIBILITY	MOBILE	EMAIL
Darren Aherne	FAI Development Officer - Kerry	086 048 9019	darren.aherne@fai.ie
David Bell	FAI Development Officer - Cork City	086 043 4513	david.bell@fai.ie
Denis Hynes	FAI Development Officer - Limerick/ Clare	087 050 8618	dhynes@fai.ie
David Lenane	FAI Development Officer - South Tipperary	086 386 4535	david.lenane@fai.ie
Michael Looby	FAI Development Officer - East Cork/West Waterford	087 050 8623	michael.looby@fai.ie
Conor Nestor	FAI Development Officer - Limerick County	086 047 9542	conor.nestor@fai.ie
Stephen O'Mahony	FAI Development Officer - Cork City	086 043 4511	stephen.mahony@fai.e
Gary Power	FAI Development Officer - Waterford City	086 388 3850	gary.power@fai.ie
James Scott	FAI Development Officer - North Tipperary	086 047 2055	james.scott@fai.ie
Barbara Bermingham	FAI Development Officer - Limerick City	086 771 2337	barbara.bermingham@fai.ie
Nicole Dunphy	FAI Development Officer - Laois	086 048 5820	nicole.dunphy@fai.ie
Garry Coady	FAI Development Officer - Carlow	086 795 4468	garry.coady@fai.ie
Darren Murray	FAI Development Officer - Kilkenny	087 637 8742	Darren.murray@fai.ie
William Doyle	FAI Development Officer - Wexford	086 043 7696	william.doyle@fai.ie
Colin O'Brien	FAI Regional Development Tutor	087 6378741	colin.o'brien@fai.ie

Keep up to date with Coach Ed Events on:

Website: [www.fai.ie/coaching](http://www.fai.ie/coaching) Twitter: [@FAICoachEd](https://twitter.com/FAICoachEd) Facebook: [facebook.com/FAIOfficial](https://facebook.com/FAIOfficial)

For general inquiries contact: Coach Education Department:

Paddy Molloy - Tel: **01 899 9568** Email: [paddy.molloy@fai.ie](mailto:paddy.molloy@fai.ie)

Paul Martyn - Tel: **01 899 9568** Email: [paul.martyn@fai.ie](mailto:paul.martyn@fai.ie)





The FAI Coaches Association launched on 1st December 2011 (visit [www.fai.ie/coaching](http://www.fai.ie/coaching)) and is aimed at coaches at all levels of the game from underage up to senior level who are looking to develop their knowledge and skills as a coach and want access to the current trends in coach education.

## WEBSITE FEATURES

The following are just some of the Session Plans covered in the FAI Coaches Association website, visit [www.fai.ie/coaching](http://www.fai.ie/coaching) for these and much more, articles, videos, etc.

### Technical:

Do you want to see a Sample Session Plan designed to improve players conditioning as well as passing, receiving and movement skills?

### Tactical:

How can you improve your players 1 v 1 dribbling and transition to defend ability?

### Domestic:

The Football Association of Ireland is the national governing body for the game of football in the Republic of Ireland and oversees the development of football in the country, from increasing participation levels to training coaches and developing players but what is the FAI's Football Development Philosophy?

### Coach Education:

Interested in moving up the Coaching ladder? We have full details of all FAI Coach Education Courses coming up across the country in 2012 from Kick Start 1 to Youth Cert. For an interactive map follow this link.

Find out what the FAI Coaches Association is all about  
and how it can help make you a better coach.

[www.fai.ie/coaching](http://www.fai.ie/coaching)

